



Boclair News

June 2019



Dear Parent / Carer

Welcome to our June edition of Boclair News. Various whole school events took place during the month of June including our S6 Paintballing Experience, our Senior Prom, our Junior Awards Ceremony and our Cultural Evening. We also enjoyed welcoming our new S1 pupils to the school during their two transition days and we look forward to seeing them all in August. Many of our events are captured in this newsletter with more to follow in the first newsletter of the new session.

The Summer Fayre in particular was the result of months of planning and was a fantastic example of all our community coming together to celebrate our school. Pupils, parents, staff and business partners turned out in huge numbers to support the school and it was a fantastic day of music, art, food, inflatables, crafts, sports and sunshine. Thanks to everyone who turned up to support the event, which raised over £3000 towards our new minibus fund.

The articles included in this month's Boclair News provide a description of the various successes and events which have been part of Boclair Academy over the last few months. I hope you find the following information helpful and as ever we welcome your comments and new information which we can share in future newsletters.

I wish you a relaxing and enjoyable holiday, whatever you and your family have planned, and I look forward to welcoming the whole school community back to school at the start of next session.

Have a great summer.

Douglas Brown
Head Teacher

Laird Trophy Race



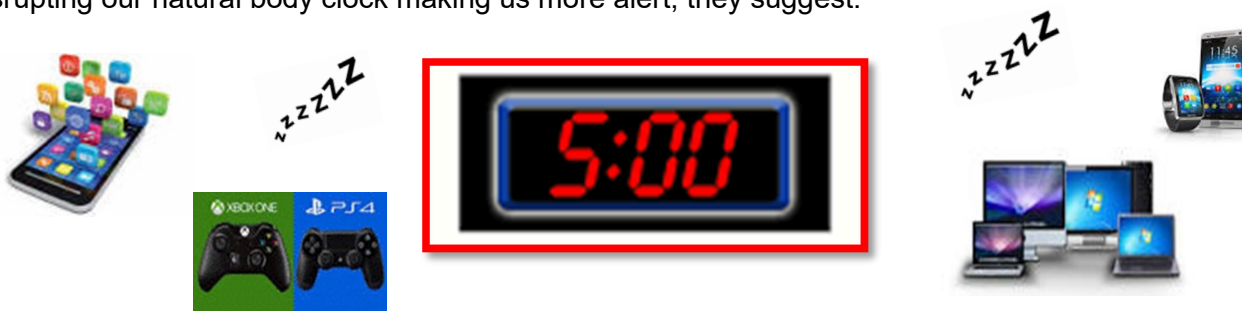
Congratulations to Ruraidh and MacKenzie for their efforts at the Laird Trophy Race. The event is sailed in teams of two, using a fleet of modern RS Feva dinghies; and comprises a one-day series of races among secondary schools from throughout Scotland. As always we are delighted to see the talents of Boclair pupils on show and are proud of the diversity of these talents. Well done boys!



The longer a teenager spends using electronic devices such as tablets & smartphones, the worse their sleep will be a study of nearly 10,000 16-19 year olds suggests.

On average, girls said they spent around five & half hours a day watching tv or using computers, smartphones or other electronic devices. And boys spent slightly more time in front of a screen-around six & half hours a day, on average playing computer games was more popular among the boys, whereas girls were more likely to spend their time chatting online.

Any type of screen use during the day & in the hour before bedtime appeared to disrupt sleep - making it more difficult for teenagers to nod off, and the more hours they spent on gadgets, the more disturbed their sleep became. When daytime screen use totalled four or more hours, teens had a 49% greater risk of taking longer than an hour to fall asleep. These teens also tended to get less than five hours of sleep per night. Sleep duration went steadily down as gadget use increased. It may be that playing on electronic devices leaves teens with less time to do other things, including sleep, say the researchers - Dr Mari Hysing & colleagues at uni research health, Bergen. But it could be that screen time interferes with sleepiness. Staring at an illuminated screen at bedtime could send the wrong signals to our brain, disrupting our natural body clock making us more alert, they suggest.

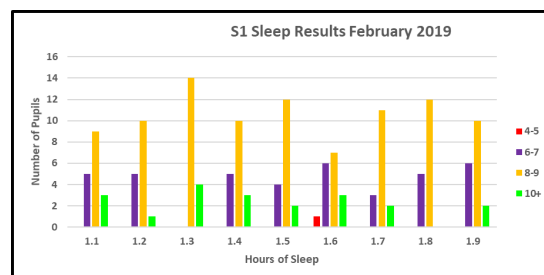


"We know that sufficient sleep is essential for good physical & mental health. Logging off may be one important step toward securing a good night's sleep"

Prof Russell Foster, an expert in sleep & neuroscience at the University of Oxford, said: "this is an important study as it provides empirical evidence that the use of electronic devices before bed does indeed reduce sleep duration." He said teenagers should be warned of this.

Our first year have completed their Home Economics unit called 'Positively Healthy' this term. This challenges pupils to look at the side effects of a lack of sleep and exercise, increased levels of stress and how their diet can impact on their school day. As you can see, the sleep survey results vary throughout each class with most pupils achieving a healthy amount of sleep each night.

Pupils face many challenges each week which influence the amount of sleep they can obtain, but they now recognise the importance that sleep can have on their health and wellbeing and potential achievement.



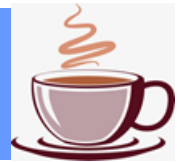
Respect

Honesty

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Achievement

Boclair Community Café



Next session pupils will be launching “Boclair Community Café”, a coffee shop run by students for other students, staff and visitors. The aim of this project is to develop transferable skills for life beyond school, as well as providing additional opportunities for pupils to engage in enterprising activities and with the wider community.

The community café will be located in the senior social area, turning an uninspiring area into a flexible one that can be used by groups of students or visitors to the school. New IT facilities will also be available to allow senior pupils a more inviting area to study. The café will serve a range of hot and cold drinks and with support from staff, pupils will carry out the day-to-day running and maintenance of the café.

The café will be based around the idea of a social enterprise, so any profit will be donated to local charities or invested into existing pupil run projects at Boclair.

Participating in the café will allow pupils to take part in a real business and gain workplace knowledge relating to health and safety and food hygiene. Developing their leadership skills, pupils will also plan community events throughout the school year to showcase the café with fresh coffee and live music. We are really looking forward to the launch of this project and look forward to seeing you at one of our community events in the future.



Pop up Café

The “pop-up” café is available at break everyday, free of charge.



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Hospitality Practical Cookery 2019



Our classes this year, comprising of S4-6 pupils have been busy preparing for their national practical exam in our Hospitality course. The exam involves producing an SQA designed, three-course meal to serve four people. With just 2 ½ hours to prepare, cook and present this, it was quite a challenge! Congratulations to all our students this year, best wishes for your exam results in August.

This year's menu was:

Carrot and Sweet potato soup with parsley croutons

Italian pork loaves with tagliatelle

Salted Caramel profiteroles



P7 Enhanced Transition in Home Economics

Our feeder primary schools have recently been involved in our annual Home Economics 'Healthy Eating' workshops in May. This was a good opportunity for all pupils coming to Boclair next year to meet department staff and experience using the kitchens whilst preparing some healthy dishes and having fun!

The pupils attending were divided into groups to prepare fruit kebabs, vegetable wraps, fruit smoothies and empire biscuits. All the recipes carried out enabled pupils to improve their awareness of nutritional value, develop their food preparation techniques, put numeracy into practice and gain confidence. Each pupil received a sample of all the products made and a recipe book before returning to their school.

We hope that the benefits of this workshop will improve the transition for all our primary 7 as they become our new S1. We are looking forward to meeting you all again in the Home Economics Department.



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Mindfulness Room at the Summer Fayre



Business Management

Higher Business Management pupils took part in a very successful Marketing challenge on Monday 17 June. Working in cooperative groups their initial brief was to complete tasks to earn points which could then be exchanged for materials. Thereafter the young people had to thought shower, analyse ideas and produce a prototype of a new product. Fabulous ideas were presented to the class. The winning team is featured here.



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Business & Information Management

Dragon's Den

All S2 pupils took part in the annual Dragon's Den competition in March. Our young people came up with some fabulous ideas for products made from recycled materials. Each group had to prepare a pitch and a PowerPoint to impress initially their class teacher and S6 prefects. The winning teams from each class then went through to the final.

This session three entrepreneurs volunteered to act as Dragons and quizzed the pupils on their products. The winning team invented an ingenious family toothbrush holder. Well done to all who took part! #business@Boclair!



Respect

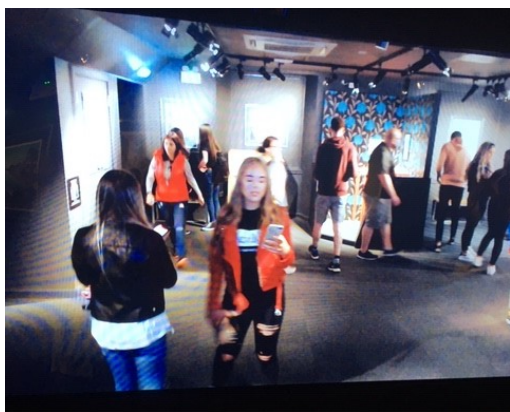
Honesty

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Achievement

Admin and IT

As part of S3 Admin and IT course our young people have to decide, plan and organise an event. This Events Management section of the course gave our four classes this session the opportunity to visit Edinburgh and M&Ds. The pupils used decision making, communication, working with others and ICT skills to organise the trips.



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Comic Club

Comic Club has been running since September 2018 every Tuesday and Thursday lunchtime in room 3.8. The club has been working its way through the 22 movies of the Marvel Cinematic Universe. We are currently on movie 16 – Spider-Man: Homecoming and will start movie 17 – Thor: Ragnarok after the Summer Holidays. At the end of term 2, we had a comic quiz to decide the winner of the large framed Marvel picture (kindly donated by Mrs Bhattacharyya). Congratulations to Calum Thomson of 2G who put his comic knowledge to good use and won it.

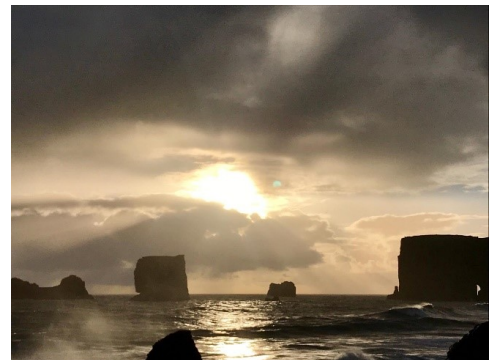
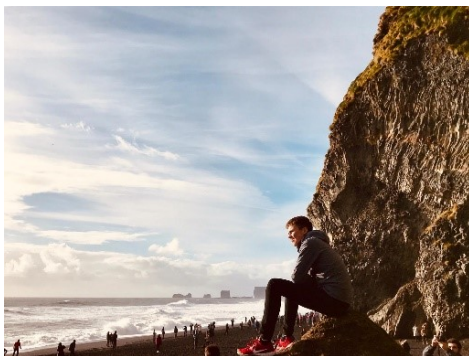


During term 4, pupils who attended the club received a raffle ticket each time they attended for a chance to win one of the 7 Marvel prizes. A big congratulations to Geoff Vera 1F who won the grand prize (large X-Men canvas print), Calum Thomson 2G, Craig Colligan 2G, Andrew Coulshed 1D and Jake Mack 1B who won Odeon exclusive Avengers posters and Michael Ovens 2B and Umar Ali 1A who won Odeon exclusive Captain Marvel posters.



Geography

In October 2018, National 5, Higher and Advanced Higher geographers went on a 5 days, 4 nights trip to Iceland. Pupils visited lava deserts, natural lagoons, geysers, glaciers, waterfalls and lava tunnels. Pupils were able to see a wide variety of geographical features on this trip. Feedback from pupils (and staff) was very positive, so much so that the Global Studies department is hoping to organise another trip to Iceland in 2020.



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Global Studies

Senior Trip to Arran

Senior pupils adventured to the Isle of Arran where they gained new fieldwork skills and gathered important data as part of their senior projects during a 3-day excursion. Pupils spent time in the glorious untouched environments, witnessing some of the best and worst weather Scotland has to offer. Pupils jumped right in to their fieldwork, some a little too literally, especially when it came to the river study.



Respect

Honesty

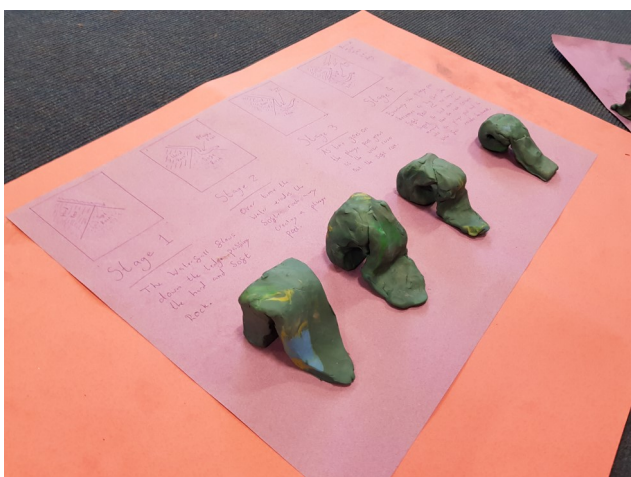
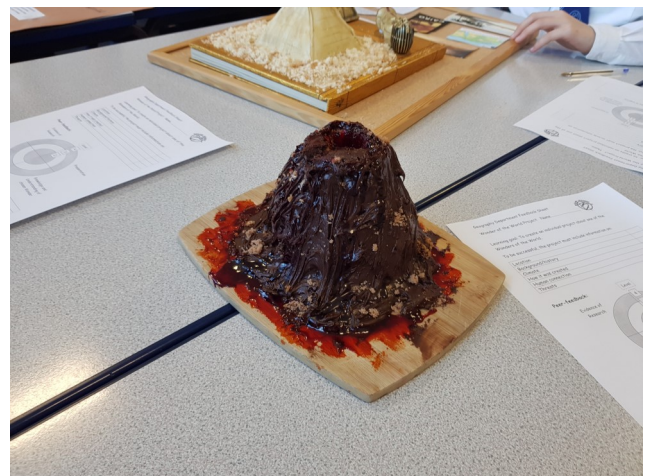
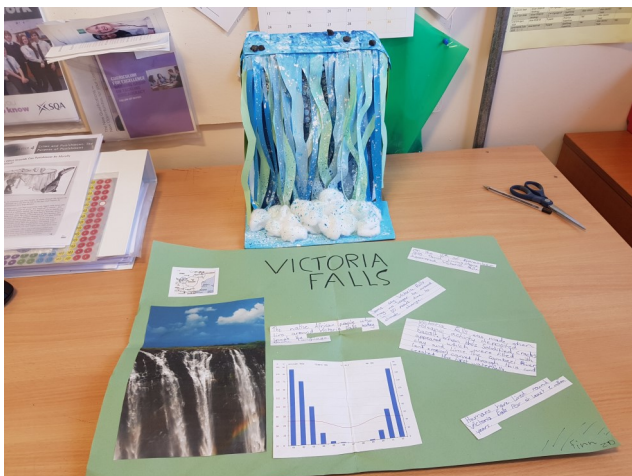
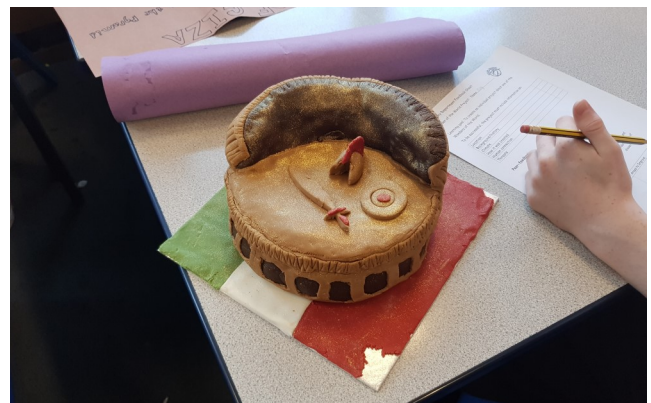
Fairness

Achievement

Global Studies continued

S2 Wonder of the World Projects

The S2 classes were tasked with picking a natural or human wonder of the world and sharing their learning and knowledge in an interesting and creative way. Pupils smashed it out of the park and raised the bar higher than it has been before by creating Cakes of the Roman Colosseum, the Great Pyramids of Giza, making dioramas of magnificent volcanoes, presenting excellent and informative presentations to the class and much, much more!



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Modern Languages

Paris Trip

Our trip was a series of incredible moments separated with delicious food and cringy songs on the bus. It was amazing to be in Paris walking around with friends and seeing beautiful famous landmarks. On the first day we took an awesome boat trip down the river Seine and although the weather was awful, everyone still made the most of it. The whole bus went crazy when we saw the Eiffel Tower. It was really a spectacular sight and so was the Arc de Triomphe. We all loved getting free time to go shopping around Paris and see all sorts of new things. We all really enjoyed the view from the Montparnasse Tower. On the second day we went to the Sacre Coeur which took my breath away with its beauty. Most of us got our picture drawn nearby which was definitely a great laugh. After that we went on a lovely walk past the Louvre Museum and Notre Dame which again was beautiful. It was just fantastic to see everyday Paris and how it is so different from Glasgow. On the third day we went to Disneyland and it definitely was one the happiest places on earth (as the slogan says). Everyone loved going on lots of rides, especially the Tower of Terror which was by far the scariest. We also loved exploring the two parks, meeting all sorts of Disney characters and getting to know each other more. It was hilarious seeing everyone's reaction on some of the rides and seeing what silly things people bought. Although the jokes on the bus were anything but funny and it was very long, it is a trip we're going to remember for the rest of our lives. It was an incredible experience filled with laughter, smiles, lots of photos, making new friends, exploring new places, shopping and food. Basically the whole trip was magical. I had such a laugh in the hotel with friends playing card games. I'm really glad I went with such a great bunch of people and the teachers made the whole experience ten times better! Many memories were made on that trip and I have no regrets about going. Someone said to me that it was the best trip they had been on. Everyone was really upset having to come home because we just had such an amazing time and we all had so much fun. I honestly can't emphasise enough how much of an incredible trip we had. I loved it all! Merci.

Lara McCulloch 2A





Modern Languages Continued



Respect

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S2 Achievement

Jude Sondh, 2F, walked the West Highland Way in 4 days from Friday 24 to Monday 27 May, 96 miles in total.

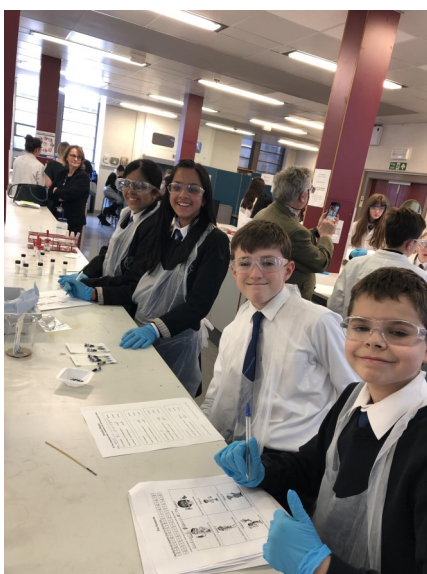
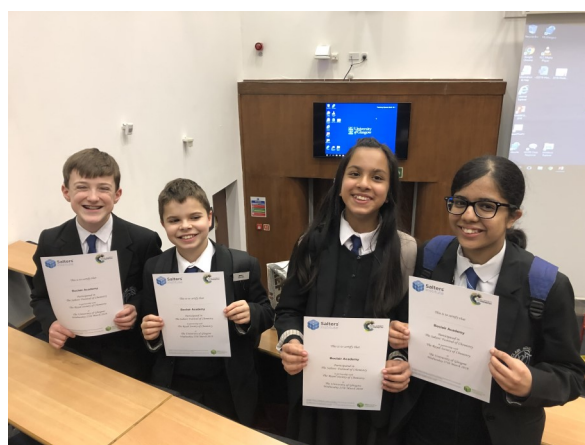
It was a really tough mental and physical challenge which he completed along with 28 others. Jude has raised £645 so far for MacMillan Cancer Support.



Salters' Festival of Chemistry in partnership with the Royal Society of Chemistry

The University of Glasgow - Wednesday 27th March 2019

Four S1 science club members had the opportunity to represent Boclair Academy at this National festival: Joe Fraser (1D); Lyba Buttar (1D); Amaya Khan (1D) and Hamish Mitchell (1E). The pupils engaged in two practical, hands on, experiments using their science skills to solve problems presented by Salters' Institute and University of Glasgow. Our team of four were extremely successful at this event and even managed to take home 3rd place for the Salters' Institute Challenge out of an incredible 15 schools. All pupils had a fantastic day and were elated with their prize, a personal set of moly-mods. This event has supported the wider achievement of Joe, Lyba, Amaya and Hamish who are all active and enthused science club members.





P.E.

A massive thank you to the teachers and staff who have given up their time to organise and run all of the events below. The standard and enjoyment of all of these events have been amazing and the future of Boclair Academy Sports is very Bright.

Athletics

We had a fantastic day at the Dunbartonshire Divisional Sports day. All the pupils were a credit to the school and performed to the best of their ability.

S1 Results

Ruby Bridges - Discus Gold Medal
Hayleigh Stevenson - 100m Finalist
S1 Girls Relay Team - Finalists

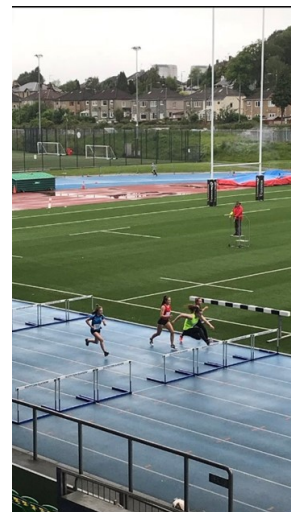


S2 Results

Zak McKay - 100m Silver Medal
Mohammad Adam - Discus Gold Medal, 200m Finalist
Ben Conduit - Discus Silver Medal
Matthew Smith - High Jump Silver Medal
Max McMillan - 200m Finalist
S2 Boys Relay Team - Bronze Medal
S2 Girls Relay Team - Finalists

S3 Results

Catriona Scott - 80m Hurdles Gold Medal
Shot Putt Gold Medal
High Jump Silver Medal
Nicola Farmer- 800m Silver Medal
Natalya Chase- 100m Gold Medal
Long Jump Silver Medal
Discus Bronze Medal
Fraser Gilmour- 1500m Gold Medal
S3 Girls Relay Team - Bronze Medal



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P.E. continued

Badminton

We had another great friendly badminton match with Greenfaulds and Chryston High School. Great sportsmanship and effort was shown by everyone! Well done to all pupils involved!



Dance

In March the East Dunbartonshire Dance Fest took place. 41 dancers represented Boclair Academy. The 'Junior Contemporary' troop and 'Junior Other' dancers both won their category as well as our Junior Hip Hop group who took home the trophy, in their category, as well. Our senior dancers finished second in the 'Other' category.

Gymnastics

On Wednesday 12 June thirteen S1-3 gymnasts competed in the EDC Secondary Schools Gymnastics Competition. This took place at Kirkintilloch Leisure Centre. Overall, Boclair came 3rd with Natalya Chase taking 1st place in her pool. The girls' routines were fantastic. Our school values were displayed throughout the day. Well Done!!



P.E. continued

Football

Football had another very strong year across all the teams in the school. We had multiple league cup finalists and some excellent displays in all the leagues. A special mention to the S2's and S4's on both making it through to the Scottish Cup final.

S1 Winners of the EDC league cup.
They also finished 2nd in their League.



S3 and S5/6 teams were both
League Cup Finalists this year.
Our S3 also finished 2nd in their
league.



S2 Scottish Cup Winners
for the second year in a row.



Our **S4** Scottish cup finalists. They also
finished runners-up in the EDC League.



As the defending Scottish Cup
champions, Boclair Academy were
invited to Northern Ireland to
Represent Scotland in the 'SAFIB
Allen McKinstry Cup'. The young
men were excellent over the 3

days and the 3 matches and finished 3rd overall thanks to wins over our
Welsh and English counterparts.



Respect

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P.E. continued

Rugby

Over 30 male and female rugby players represented the school at the Scottish Power Energy Championships in March. All the teams played well and had some fantastic results.



Interclass games

On the 26 April, pupils from S1-S3 took part in the yearly Cross Country Championship. On the day of the competition, we had great support from senior helpers while also witnessing a great display of the school values. In all 186 pupils across S1-S3 ran in the event. Well done to all those involved!



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P.E. continued

The Boclair Academy Athletics Championships

The championships took place over three days on 15, 16 and 17 May this year. Individuals from S1-S3 took part in a range of track and field events to earn points for their team. A total of 450 young people took part in at least one event during the course of the week, which was a great achievement. Our year group champions were as follows:

S1 Zack Johnston and Ruby Bridges

S2 Ben Conduit and Charis Perry

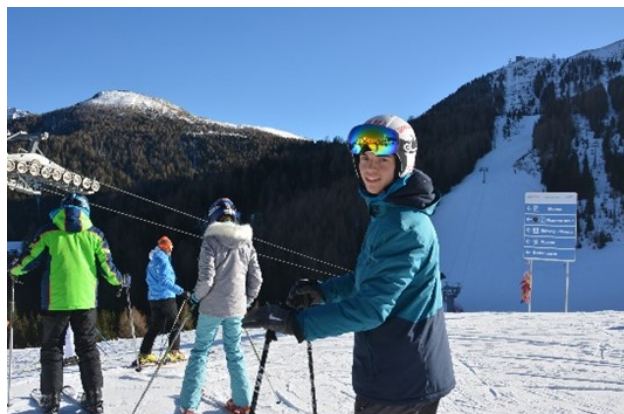
S3 Finlay Watters and Catriona Scott.

Well done to those champions and all those who took part!



Ski Trip

We had another successful ski trip in December this year. The pupils had a fantastic trip and time in Val Di Fiemme in Italy. They really developed their skiing skills from first time beginners to our more advanced skiers. We can't wait for the next trip and to get back on the slopes!



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P.E. continued

Swimming

Well done to all our Swimmers! Great teamwork and ability on show. Scottish swimming is in a great place! Well done Emer, Katy, Elle, Caitlin, Sara, Fraser, Graham, Jake, Blair, Ying Kang, Fraser, Ruairidh and Robson! You did the school proud!

Boys Medley -	S1/2 -	5 th
	S3/4 -	4 th
Girls Medley -	S1/2 -	16 th
Boys Freestyle -	S1/2 -	6 th
	S3/4 -	3 rd
Girls Freestyle -	S1/2 -	16 th



Angus Johnston, 3F, achieved 2 bronze medal positions at the Scottish National Age Groups in March for 50m backstroke and 200m freestyle, and achieved a 100% personal best record for all events. He has since achieved qualifying times for the Scottish Summer Meet and the British Swimming Championships that take place in July. He is also competing 29-30 June at the Scottish Open Championships in Aberdeen.

P.E. continued

P7 Transition

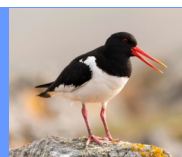
Our wonderful S2 helpers developed their Leadership and Team Building skills to ensure that all of our new P7 had a great day at the PE transition day.



Killermont P7 visit Boclair



Office News



The ladies in the school office have been distracted from their work recently due to the arrival of a family of Oystercatcher birds, who have been keeping them entertained.

These striking birds are hard to miss; they are large black and white wading birds, with long, orange-red bills and reddish-pink legs. You often hear them before you see them, thanks to their loud 'peep-ing' call.

During the winter, oystercatchers are birds of tidal estuaries and rocky shores, however, during the breeding season, they can be found much further inland and have even been known to nest on roof-tops!, and we have our very own little family on the roof outside the office window.

Oystercatchers mate for life and this couple have been returning to their Boclair summer residence for ten years. The office ladies noticed three eggs, and waited patiently to see if they all hatched. Their patience was rewarded when they saw, and heard, three little chicks. The chicks are now growing stronger and following their parents around the roof, much to the delight of their spectators!



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New School Ties

Over the course of Session 2017/2018 our Pupil Council worked with the school captains on designing new ties for the Junior and Senior School. These ties are now on sale and over the next three years the older versions of the ties will be phased out.

Please note that new ties can be purchased from the school office. New blazers can be ordered online from Academy Uniforms.



School Uniform

Thank you for all your support with school uniform this session. The vast majority of our young people are setting high standards and they have been looking fantastic. As you know, school uniform must be worn every day by all pupils.

School Uniform consists of :

School blazer

White blouse or shirt

Black jumper or cardigan

School tie

Black trousers or skirt

Please note that hooded tops, coloured tops, leggings and jeans are not part of the school uniform. We will continue to work with the young people and families on this important area of school life and we ask for your continued support in ensuring young people dress appropriately for school every day.



Twitter @BoclairAcademy



Boclair Academy is on twitter. With almost 1000 followers this is a terrific way to share good practice within the classroom, wider school life and to promote the fantastic work of our pupils and staff. Follow @BoclairAcademy for daily news and updates.

Please note that pupil photos will be used occasionally to showcase good work. If you would not like your child's photo on twitter for educational purposes then please contact your child's Guidance Teacher.

Absence Reporting Line

Can we please remind parents/carers that pupil absences can be reported between 7.00am and 8.30am by telephoning the dedicated Absence Line 0141 955 2361.

After 8.30am please report any absences by phoning the School Office on 0141 955 2358.

Please note that e-mails are not accepted as a method of reporting pupil absences.

School Drop Off

Can we please remind parents and carers not to drive into the school grounds and car park area to drop off or collect pupils?

Finally - some dates for your diary....

August 2019	
Teachers return (In-service day)	Tuesday 13 August
In-service day	Wednesday 14 August
Pupils return	Thursday 15 August
September 2019	
September weekend	Friday 27 September to Monday 30 September (Inclusive)
In-service day	Tuesday 1 October
Pupils return	Wednesday 2 October
October 2019	
In-service day	Friday 11 October
October break	Monday 14 October to Friday 18 October (Inclusive)
Pupils return	Monday 21 October